

COVID-19 SAFE PRACTICES: REOPENING GUIDELINES FOR YOUTH SUMMER PROGRAMS



This guidance is intended for youth summer programs hosted on the Navajo Nation. Summer programs offer activities for youth to participate in and can include sports, recreational activities, arts and crafts, and/or academic enrichment (e.g., math, science). This guidance does not apply to single events with large groups of people, such as Just Move It, junior rodeos, or related activities. Also, does not apply to youth employment and tribal/federal/non-profit youth programs (e.g., correctional, Office of Dine Youth).

GENERAL REQUIREMENTS

- Length of summer programs are longer than one day
 - o For one day events, refer to Outdoor Recreational Event Guidelines
- Summer period: June through August
- Maximum amount of time each day: cannot exceed 6 hours
 - o Overnight camps are not permitted
- Ensure adequate staffing to support mitigation measures for all attendees
- Adhere to maximum occupancy limits per the current Navajo Nation Public Health Emergency Order and Navajo Nation Executive Order.

WHO CAN ATTEND?

Clearly communicate steps to be taken before, during, and after the summer program to ensure that participants and parents are aware of safety protocols.

It is strongly recommended that those who attend or participate, including staff:

- if eligible, have been fully or partially vaccinated, or
- are not currently required to isolate or quarantine due to a COVID exposure or positive test result, and
- are not currently sick and/or experiencing COVID symptoms.

Those recently tested for COVID and still waiting on results should not attend until those results are final and “negative”.

FOLLOWING BASIC COVID-19 SAFE PRACTICES

- Practice the three W's
 - Wear a Mask: Mask wearing is mandatory except when eating, drinking, and swimming. Disposable masks must be made available for attendees.
 - Wash Hands: Hand sanitizer or hand washing stations must be provided, convenient, and accessible.
 - Watch Your Distance: Keep 6 feet away from others who do not live with you.
- Stay home when sick or having symptoms of COVID-19.
- Do not touch your face, eyes, nose, or mouth with unwashed hands.
- Create a plan of action when a staff member and/or attendee is sick. The plan should include:
 - stopping operations if anyone shows symptoms common to COVID-19 or involved as a potential close contact,
- identify an area to separate anyone who exhibits symptoms of COVID-19 during hours of operation and ensure minors are not left without adult supervision, and
- if a minor, notify parents
 - cleaning and sanitizing affected areas, and
 - reporting all COVID-19 cases to local health care facility, and to the HCOC COVID-19 Report Exposure Portal. For questions about reporting cases, call the Health Command Operations Center at (928) 871-7014.

SIGNAGE

- Post signage prohibiting anyone who is sick or experiencing COVID-19 symptoms from entering the space.
- Post signage to practice physical distancing and wash hands or use hand sanitizer often.
- Post signage on properly wearing a mask.

SCREENING

- All attendees must pre-register or have sign in sheets on-site.
 - Document name and contact number on a sign-in sheet to support contact tracing if there is an exposure.
- Screen for COVID-19 symptoms among attendees, volunteers, and staff upon arrival.
- Highly recommend performing temperature checks for staff members or volunteers, if equipment is available.

PHYSICAL DISTANCING

- Stagger times for drop-off and pick-up to avoid crowded areas for youth gatherings.
- Restrict common areas where people are likely to congregate and interact.
- Provide ample seating or viewing areas. Adjust seating capacity and stagger seating to meet occupancy guidelines.
- Encourage safe greeting practices to maintain physical distancing. Participants should avoid direct contact such as handshakes and hugs with others who are not from their household.
- Provide physical barriers in indoor spaces, such as taping or marking floors or walkways to ensure youth always remain 6 feet apart.
- Gatherings and activities are strongly recommended to be held outdoors if weather permits.
- Dividing kids into smaller groups is recommended. All individuals within the same small group

should continue to wear masks, except when eating, drinking, or swimming.

- Attendees who live in the same home may remain together, closer than 6 feet, within one single “family pod.” Other attendees must maintain 6 or more feet of distance.

FOOD OR DRINKS

- Attendees may bring their own meals and snacks, but if food is provided, the following is recommended:
 - o Eat meals and snacks outdoors or in well ventilated spaces while maintaining physical distancing,
 - o Use single-use disposable plates, cups, utensils, and prepackaged condiments, and
 - o Limit crowding where the food is served.

VENTILATION AND CLEANING

- Ensure that ventilation systems of indoor spaces operate properly, are well maintained, and all ventilation system filters have been serviced and replaced by qualified technicians.
- Increase the circulation of indoor air as much as possible by opening windows and doors, using fans, or other methods recommended by American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE).
- Intensify cleaning and disinfection through implementation of daily protocols and document completion on a cleaning log.
- Clean and disinfect frequently touched surfaces and any areas after they are touched or used, such as seats, doorknobs, tables, restrooms, etc.
- Sanitize game equipment before and after use.
- Use of drinking fountains are prohibited. Instead, provide bottled water or serve water from a water dispenser.
- Minimize shared objects:
 - o Discourage sharing objects that are difficult to clean or disinfect. For example, sharing of books, soft toys, stuffed animals, crayons and art supplies, sponges, clay, etc.
 - o Ensure adequate supplies (e.g., assign each student art supplies or equipment).
 - o Avoid sharing electronic devices if possible.

SAFETY PRECAUTIONS

- If necessary, provide an area covered with a canopy for shade.

For questions, please contact the Health Command Operations Center at (928) 871-7014.

RESOURCES

- Guidance for Operating Youth and Summer Camps During COVID-19, link: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>